

WHAT TO BRING?
(To a Special Needs Shelter)

Do Bring:

- A list of your current medications and at least a 3 day supply of the medications
- Documentation of specific medical information
- Medical equipment:
 - Oxygen supplies
 - Nebulizers
 - Canes/Wheelchairs
 - Diabetes equipment
 - Glucose meter/strips
 - Insulin/syringes
 - Other insulin supplies
- Non-perishable dietary items
- Special dietary foods if required
- Electronic equipment
 - Flashlight
 - Radio
 - Extra batteries
 - Cell phone
- Personal Care
 - Clothing
 - Undergarments
 - Socks
 - Shoes (durable)
- Personal hygiene items
 - Soap/shampoo
 - Deodorant
 - Toothpaste/toothbrush
 - Brush/comb
 - Wash cloth
 - Towel
- Sleeping lounging Equipment:
 - Cot
 - Air mattress
 - Lawn/lounge chair
 - Sleeping bag
 - Pillow
 - Blanket
 - Sheet
- Important papers
- 1.0 with current address
- Entertainment items
 - Books
 - Magazines

- Toys
 - Cards
 - Games
- Infant care items
 - Formula
 - Food
 - Diapers
 - First-aid kit
- Personal equipment
 - Eyeglasses
 - Hearing aids
 - Dentures

DON'T Bring:

- Pets
- Firearms
- Alcoholic Beverages Perishable Food Items